

**History of Arthroscopy,  
Knee Surgery and Orthopaedic  
Sports Medicine.**

**ISAKOS**

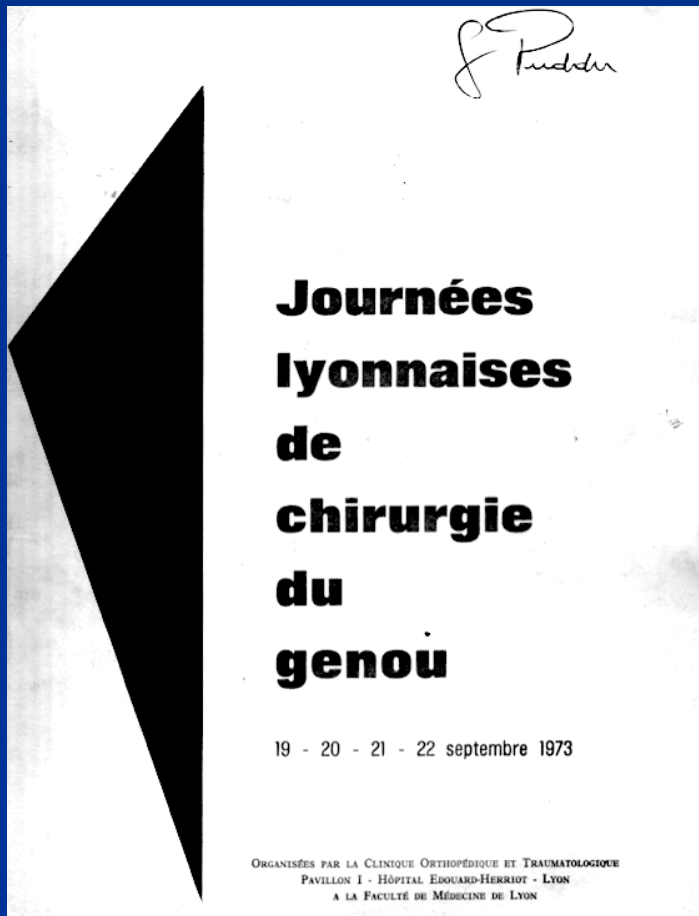
Prof. Giancarlo Puddu

# In 1973 I did a fellowship with Prof. Albert Trillat in Lyon

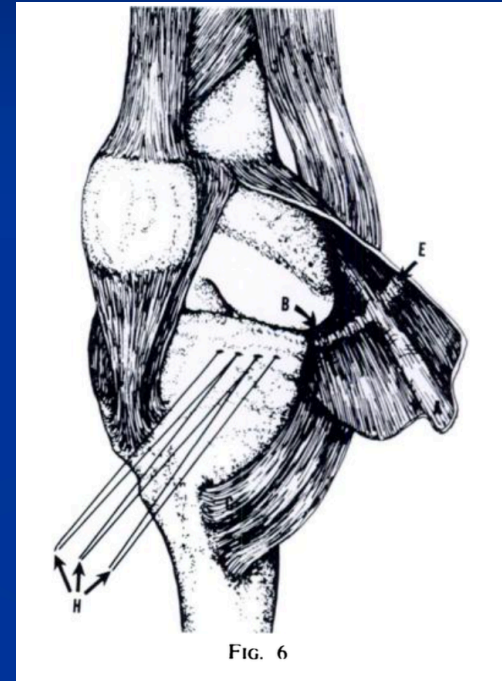




**At that time in Lyon the test to diagnose an ACL insufficiency was the anterior drawer at 90 of flexion in neutral, internal and external rotation.**



# Dr. Don O'Donoghue was teacher and friend of Prof. Albert Trillat



In 1950 he described the unhappy triad as: rupture of the medial collateral ligament, damage to the medial meniscus and rupture of the anterior cruciate ligament and proposed various surgical techniques.

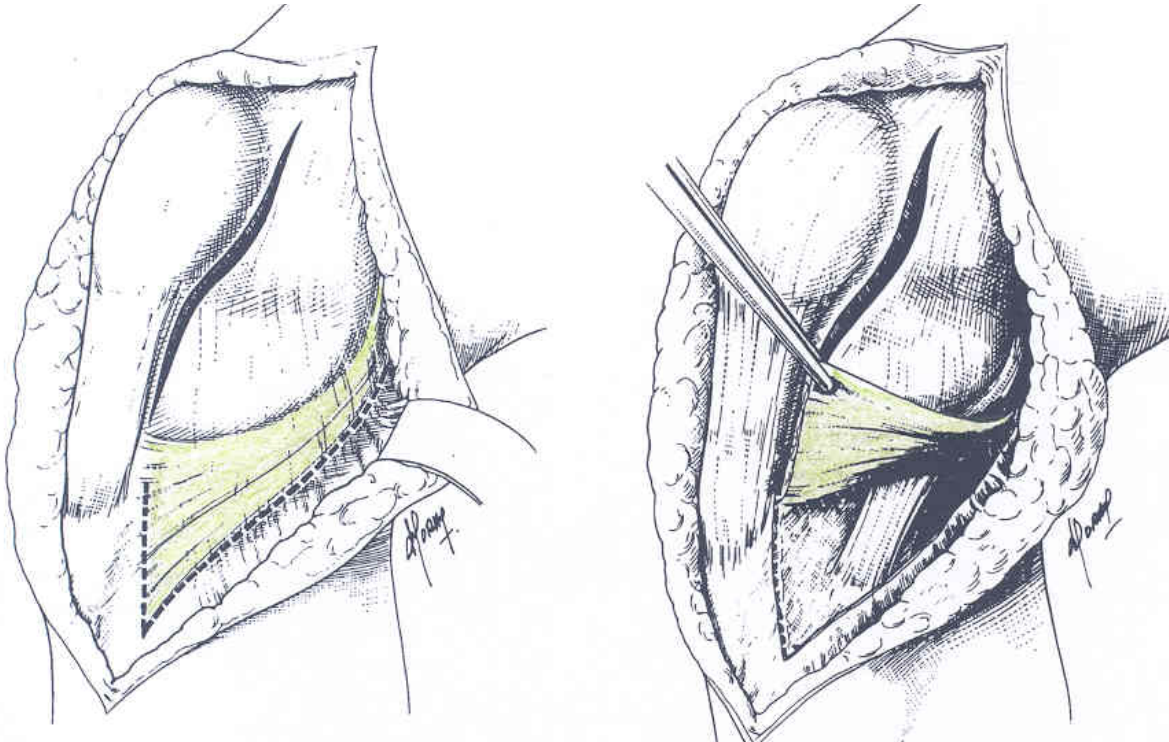
at the same time.....

## Pes Anserinus Transplantation

A SURGICAL PROCEDURE FOR CONTROL OF ROTATORY INSTABILITY OF THE KNEE

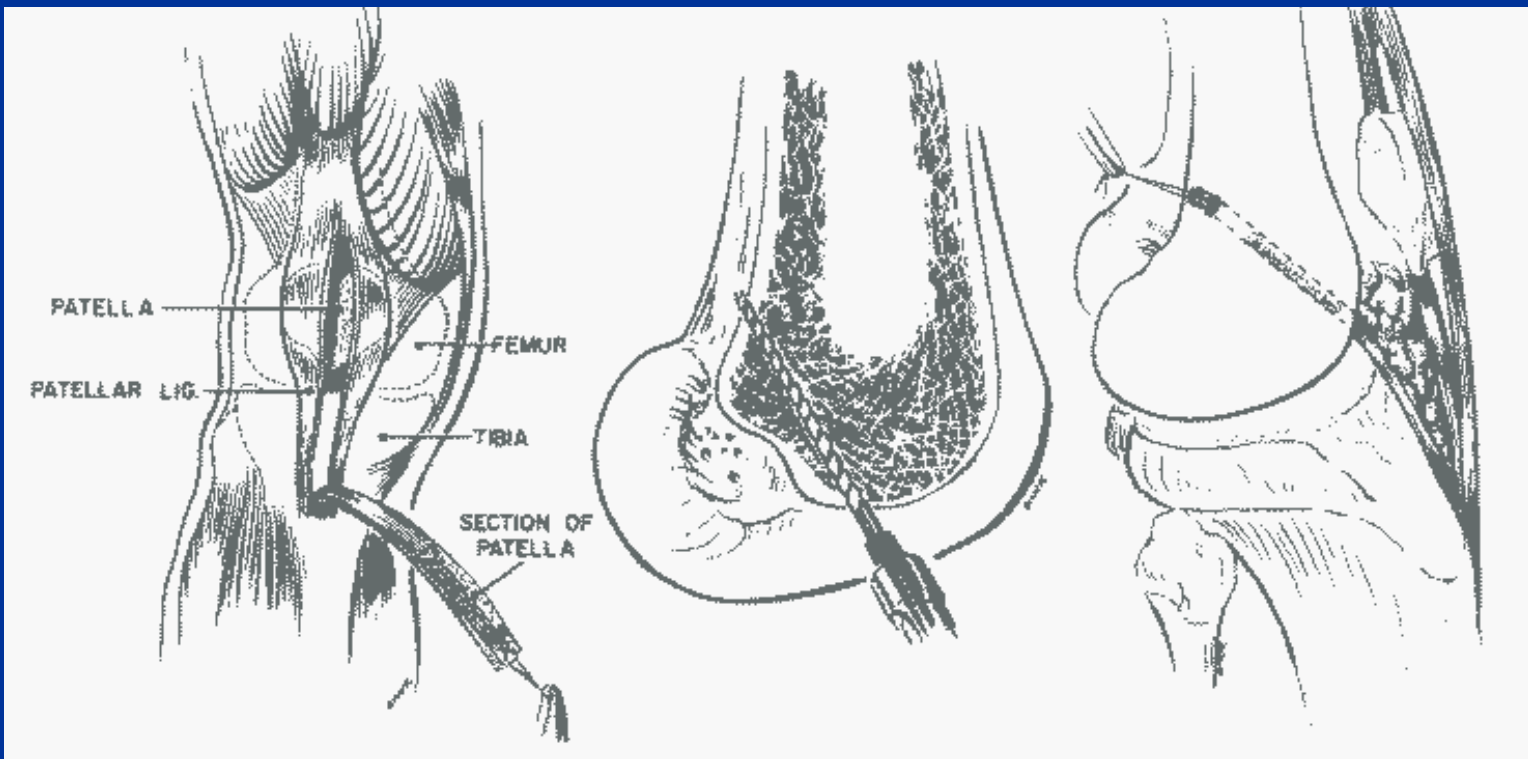
DONALD B. SLOCUM; ROBERT L. LARSON

*J Bone Joint Surg Am*, 1968 Mar; 50 (2): 226 -242 . <http://dx.doi.org/>

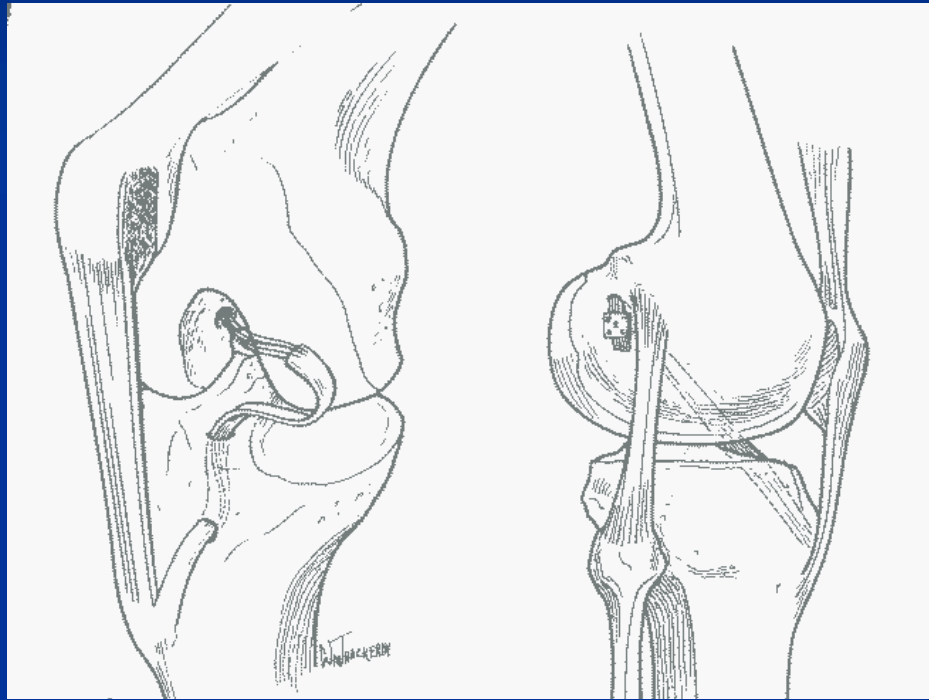




In 1976 Albert Trillat began to perform the ACL reconstruction using a modified Kenneth Jones technique. Using the middle third of the patellar tendon that was freed only proximally. The tendon, still attached to the tibial tuberosity entered the knee joint through the fat pad in front of the tibia. And often it was too short!



# After a visit of Ejnar Eriksson in Lyon the technique changed

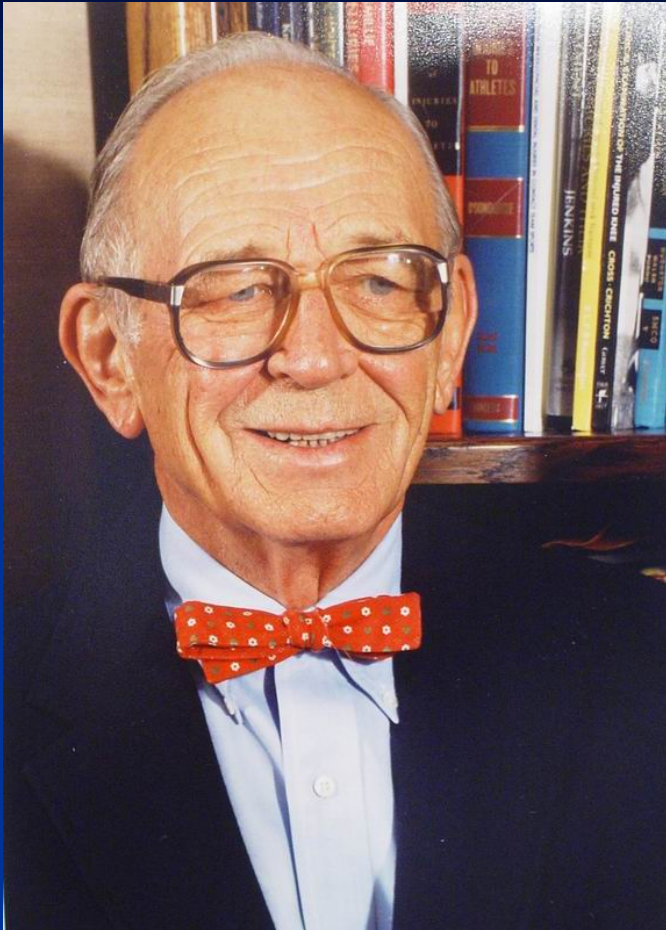


with the “bec de canard”

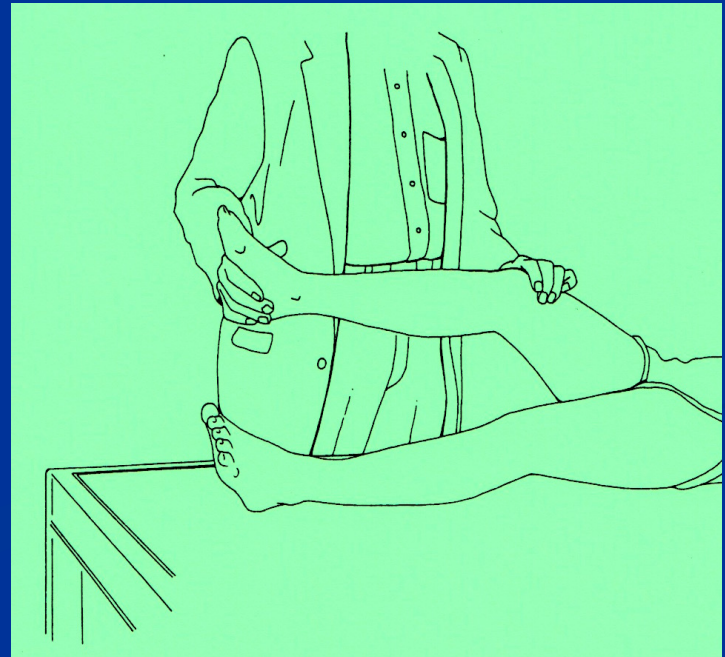
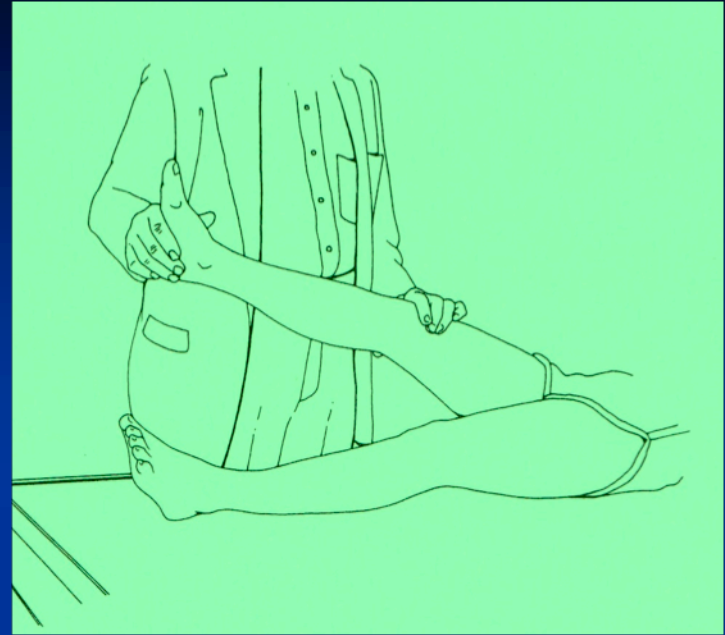
Albert Trillat in 1973 gave me the advice to visit his dear friend Dr Jack C. Hughston in Columbus, Georgia, where in 1975 I did a fellowship.







Jerk test





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*American Volume*

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## Classification of Knee Ligament Instabilities Part I. The Medial Compartment and Cruciate Ligaments\*

BY JACK C. HUGHSTON, M.D.†, JAMES R. ANDREWS, M.D.†,  
MERVYN J. CROSS, M.B.B.S., F.R.A.C.S.†, AND ARNALDO MOSCHI, M.D.†, COLUMBUS, GEORGIA

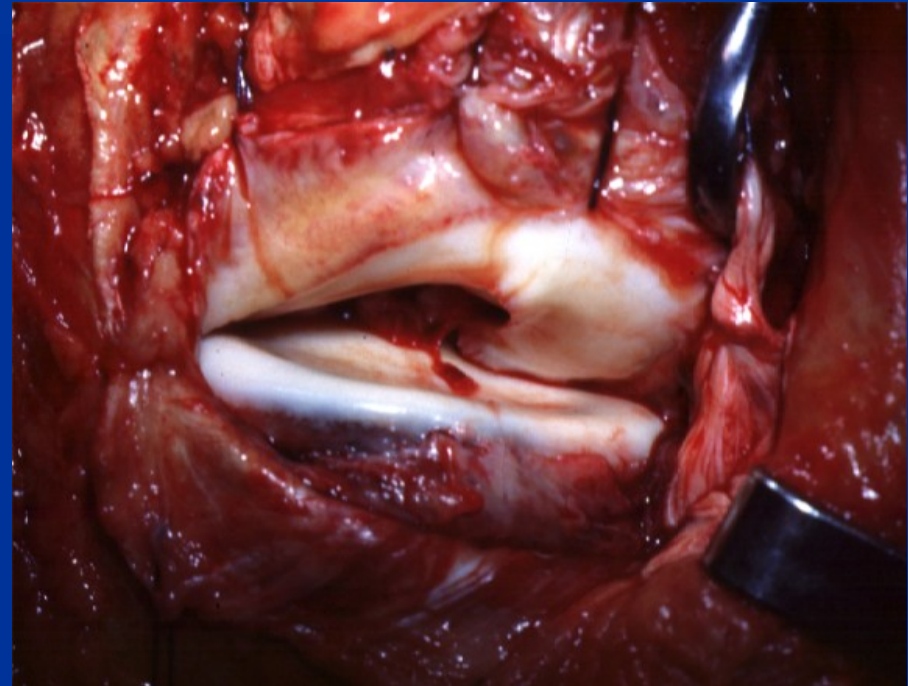
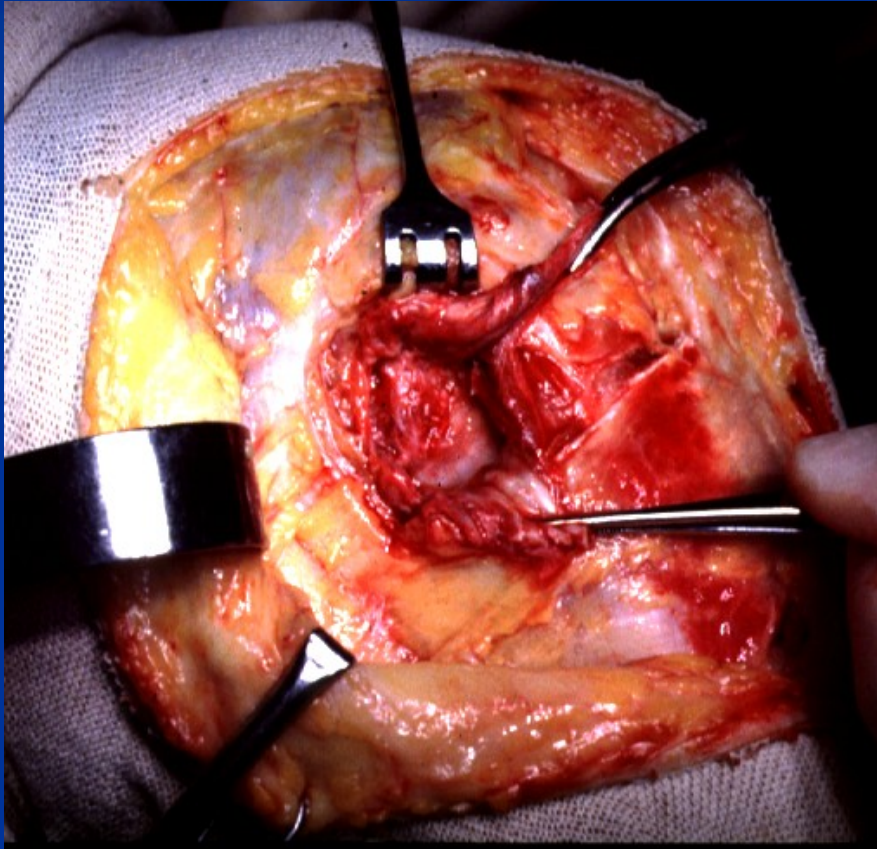
## Classification of Knee Ligament Instabilities Part II. The Lateral Compartment\*

BY JACK C. HUGHSTON, M.D.†, JAMES R. ANDREWS, M.D.†,  
MERVYN J. CROSS, M.B.B.S., F.R.A.C.S.†, AND ARNALDO MOSCHI, M.D.†, COLUMBUS, GEORGIA

*From the Tulane University School of Medicine, Division of Orthopaedics, Sports Medicine Section,  
New Orleans, Louisiana, and the Hughston Orthopaedic Clinic, Columbus*

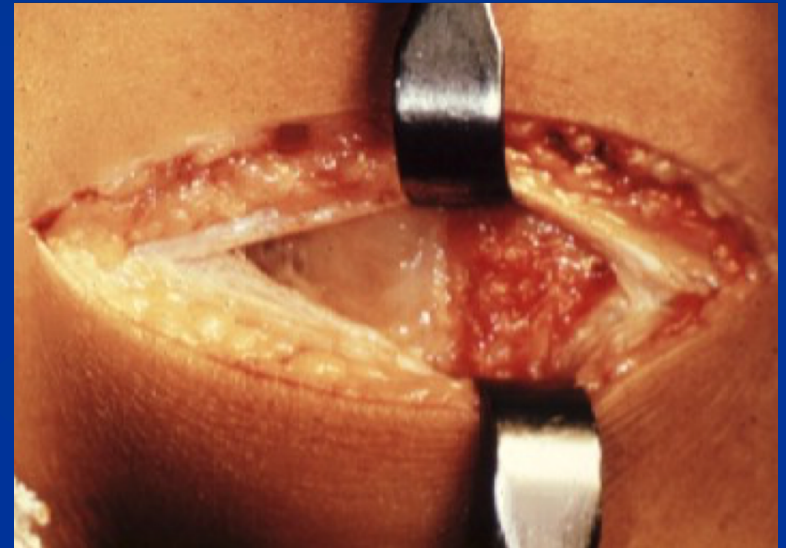
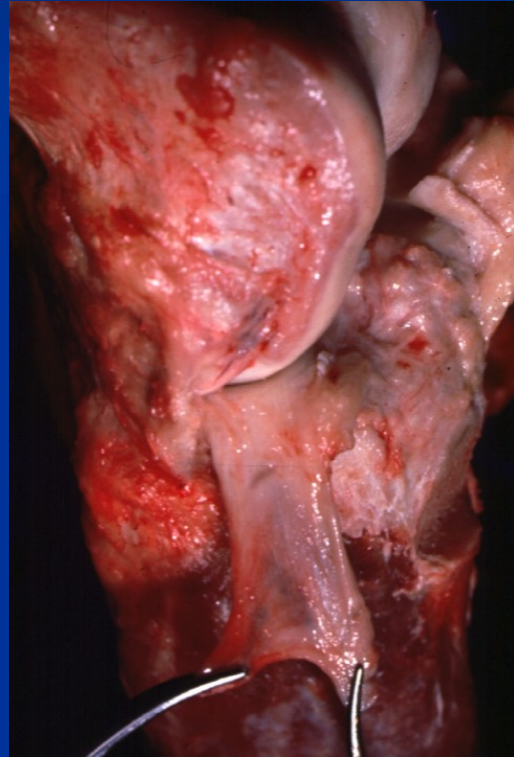
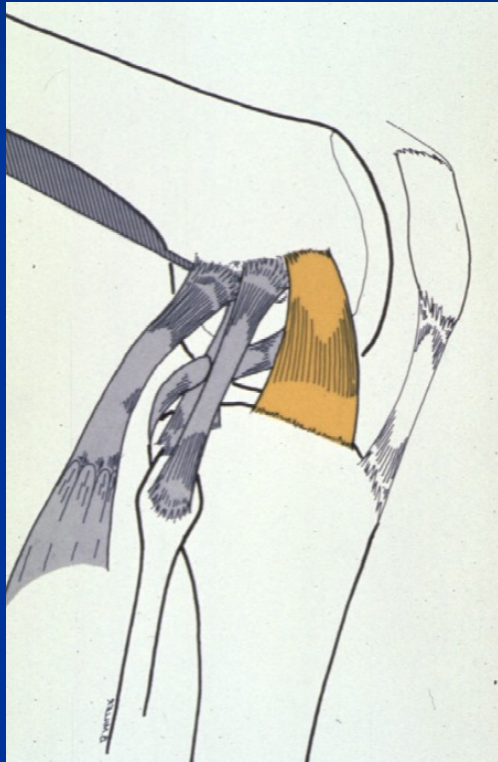


# Acute AMRI instability





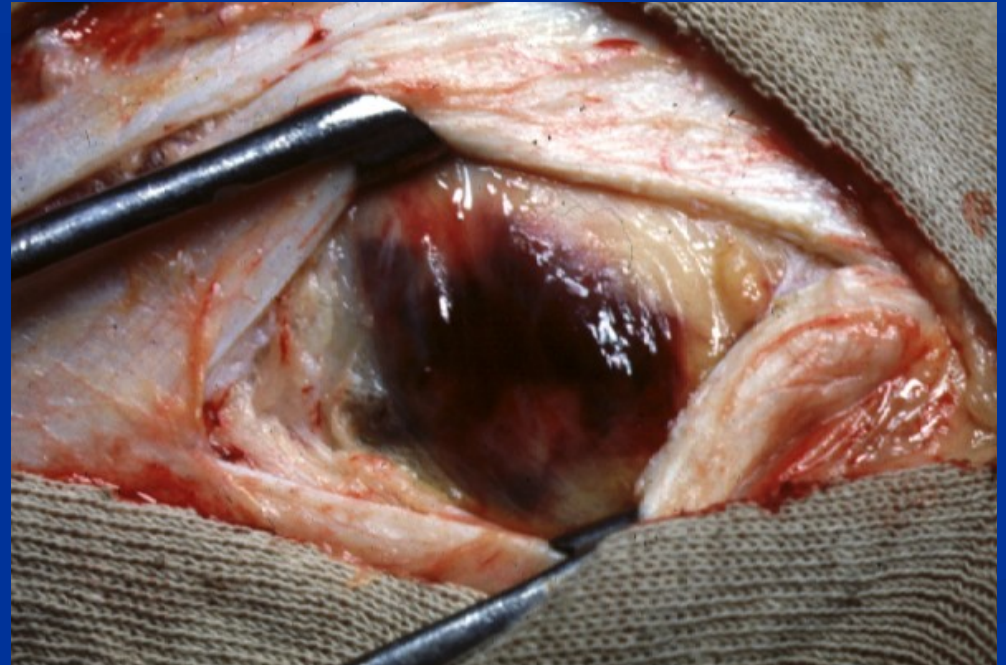
# Mid-third lateral capsular ligament tear



Columbus 1975

# The anterolateral “ligament”

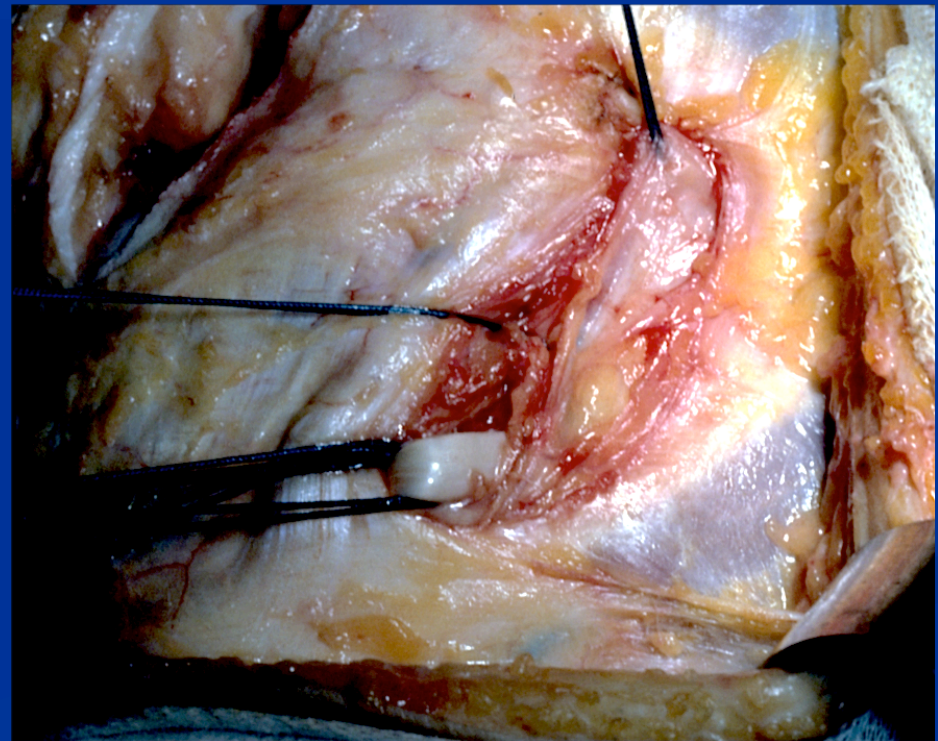
*“things are always forgotten and then rediscovered and touted as a new thing which cheapens basic knowledge”*





# Anteromedial laxity

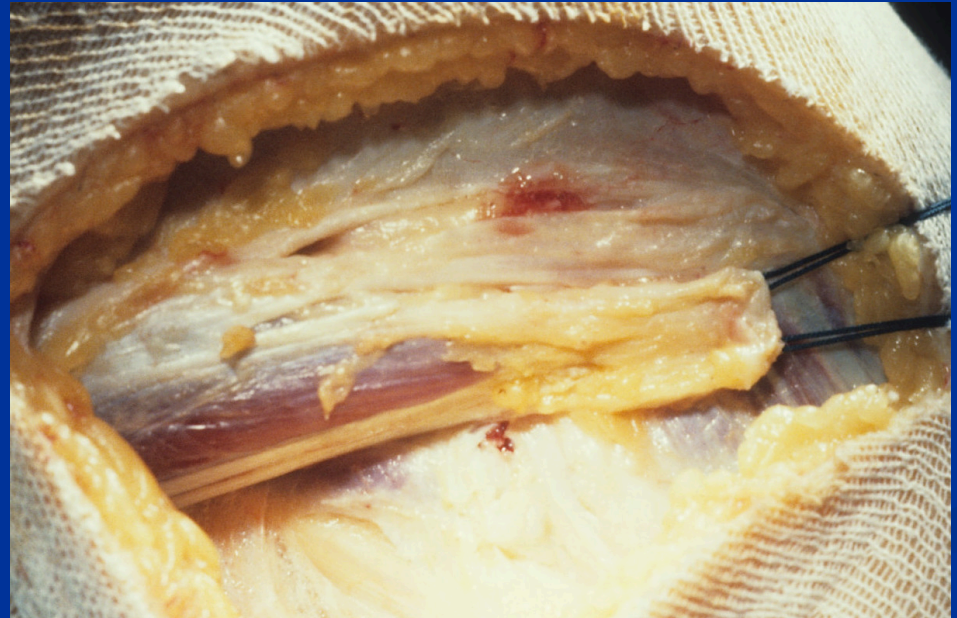
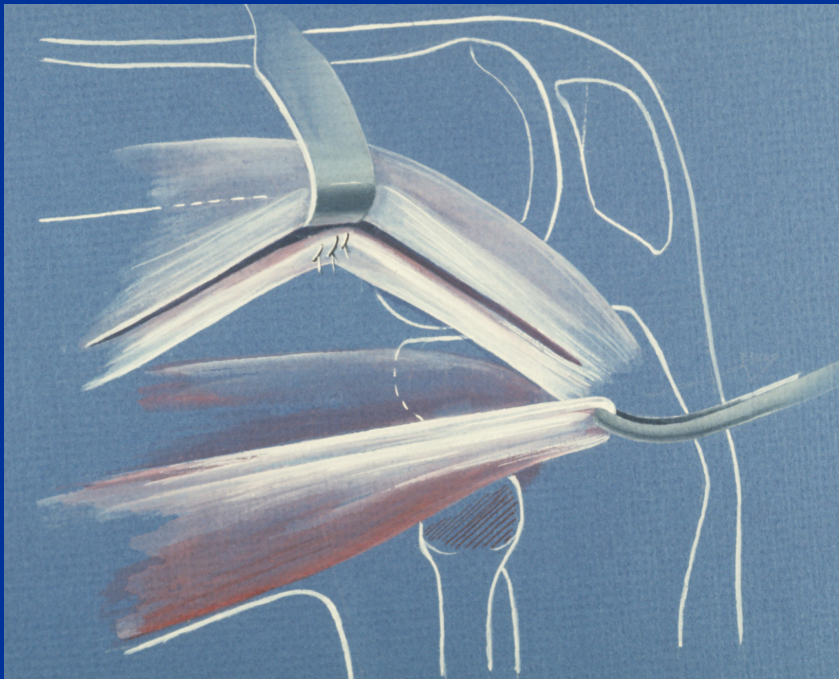
POL and semimembranosus advancement



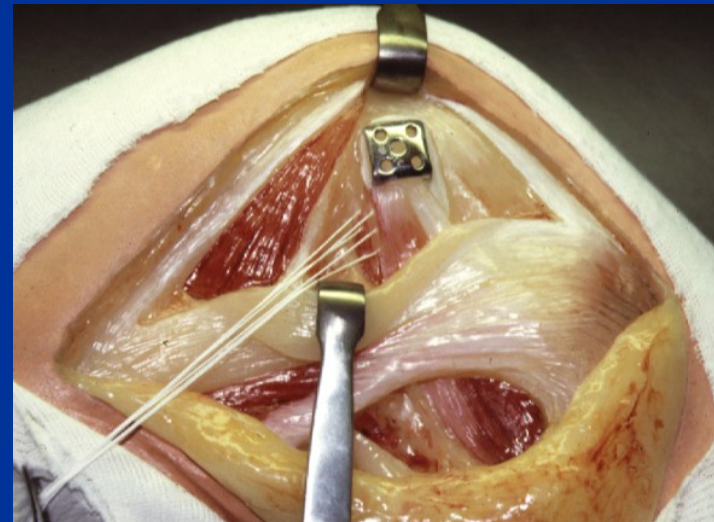
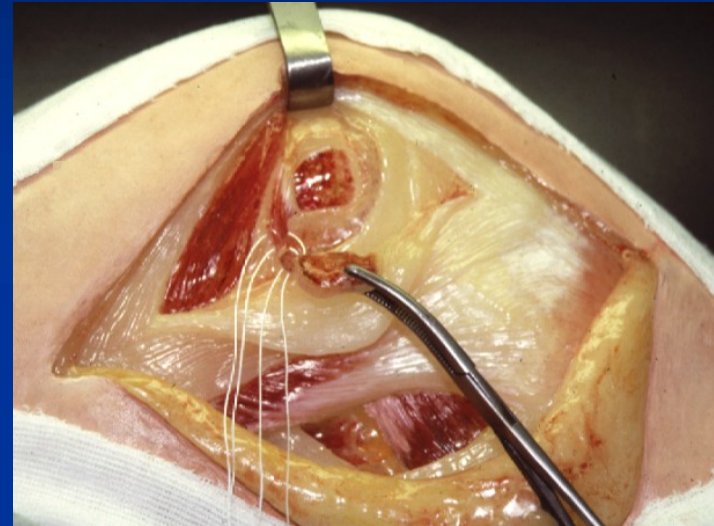
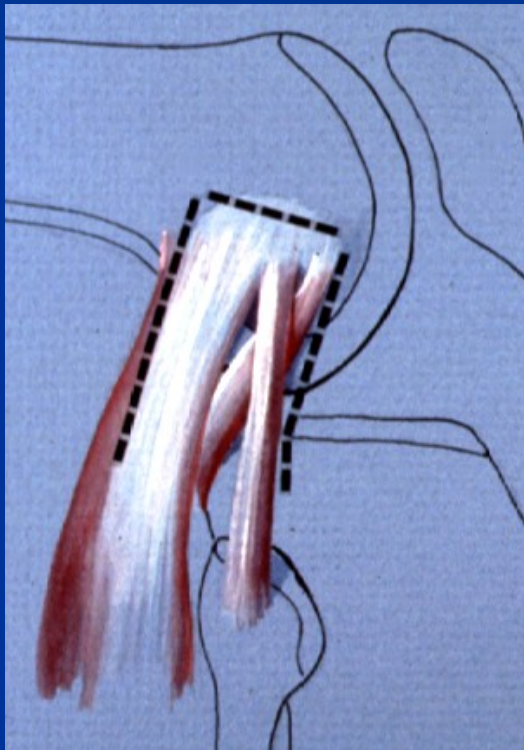


# Anterolateral laxity

## Tenodesis of the ITT and biceps advancement



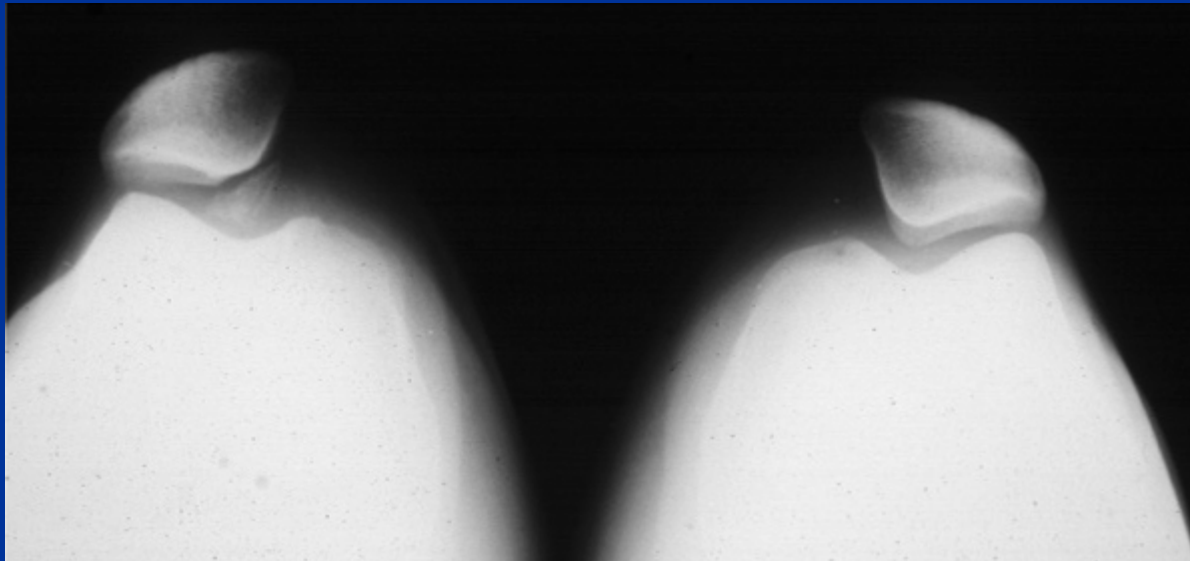
# Posterolateral the Hughston technique



# **Albert Trillat and Jack Hughston**

had another love in their life.....

«the extensor mechanism realignment»

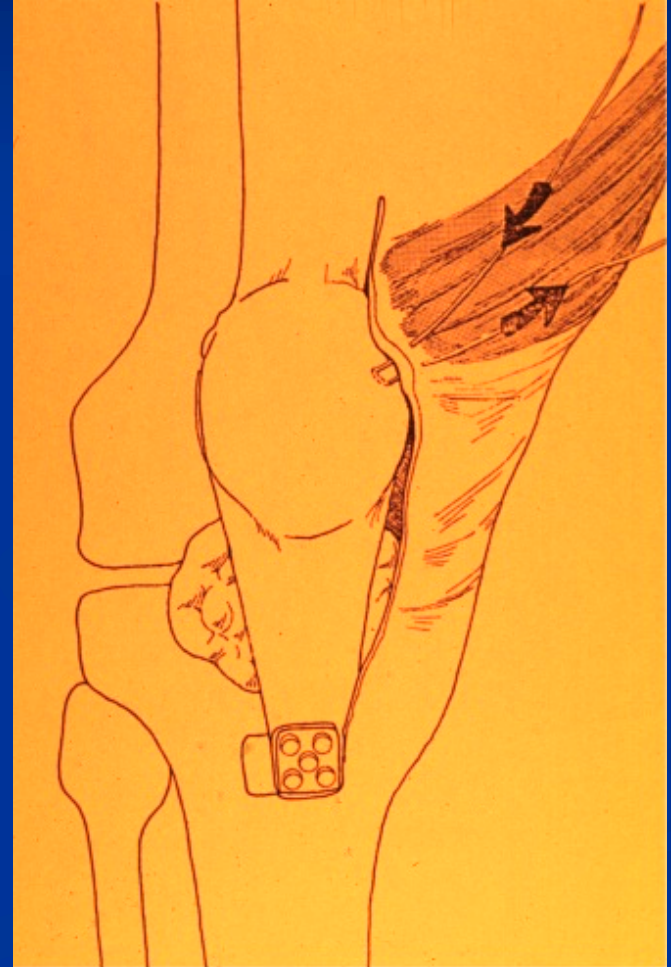
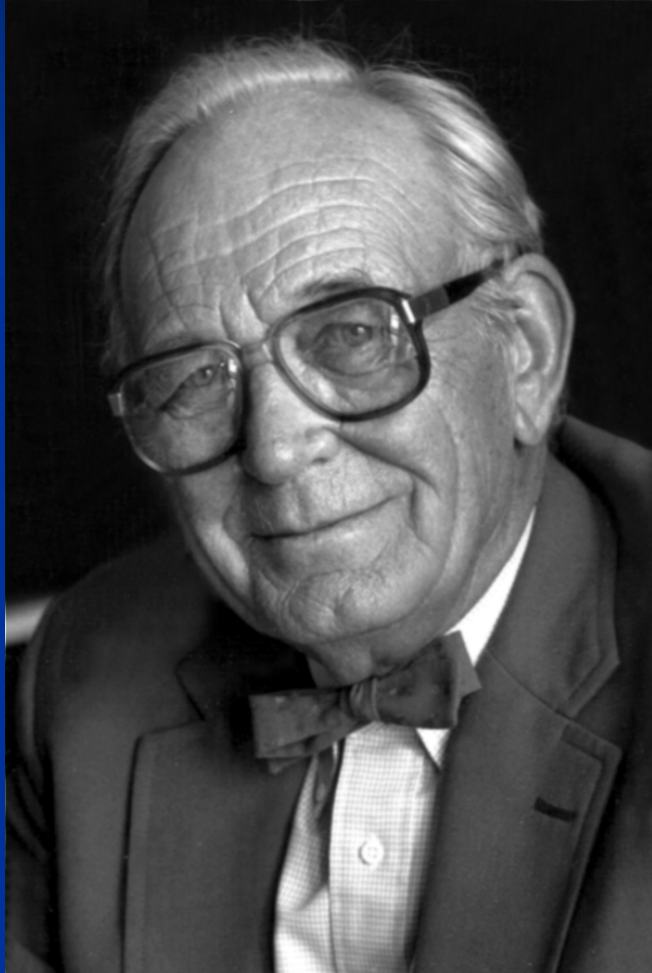




# Elmslie Trillat



# VMO advancement



during my stay in Columbus, Dr. Hughston, James Andrews and I had the idea to found an International Knee Society and after a few years of «complicated diplomatic connections» between Europe and USA.....



in 1976 we had an international  
preliminary meeting  
in Callaway Gardens, Georgia





then the ISK foundation was made in  
Roma 1977













**Lyon 1979**  
**First Congress of the ISK**  
**President**  
**Don O' Donoghue**

President named  
Prof. Albert Trillat





during the Congress two “hot topics” were presented: meniscal suture and free patellar tendon graft



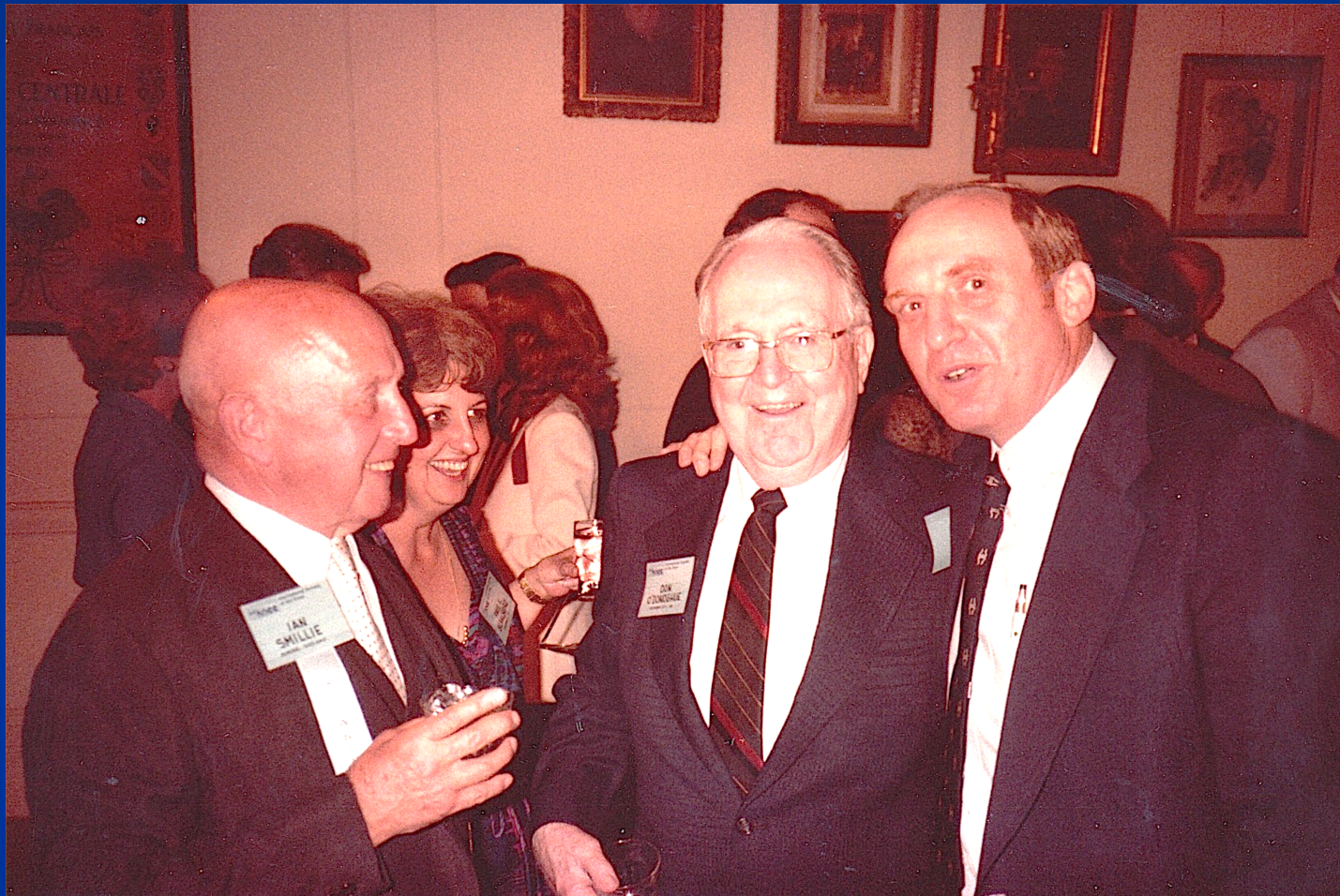


**In Lyon in 1979 Dr. Kurt Franke of East Berlin presented his experience of 130 ACL reconstructions using a free graft of the central third of the patellar tendon as previously described in 1969 by Dr. Helmuth Brückner**

**Following Franke's publication, B-T-B was to become the most popular graft source and was further popularised through the work of Eriksson in Europe and Clancy in the United States**

# New Orleans 1981

## President Mr. Ian Smillie

















# Gleneagles 1983

## President named JCH















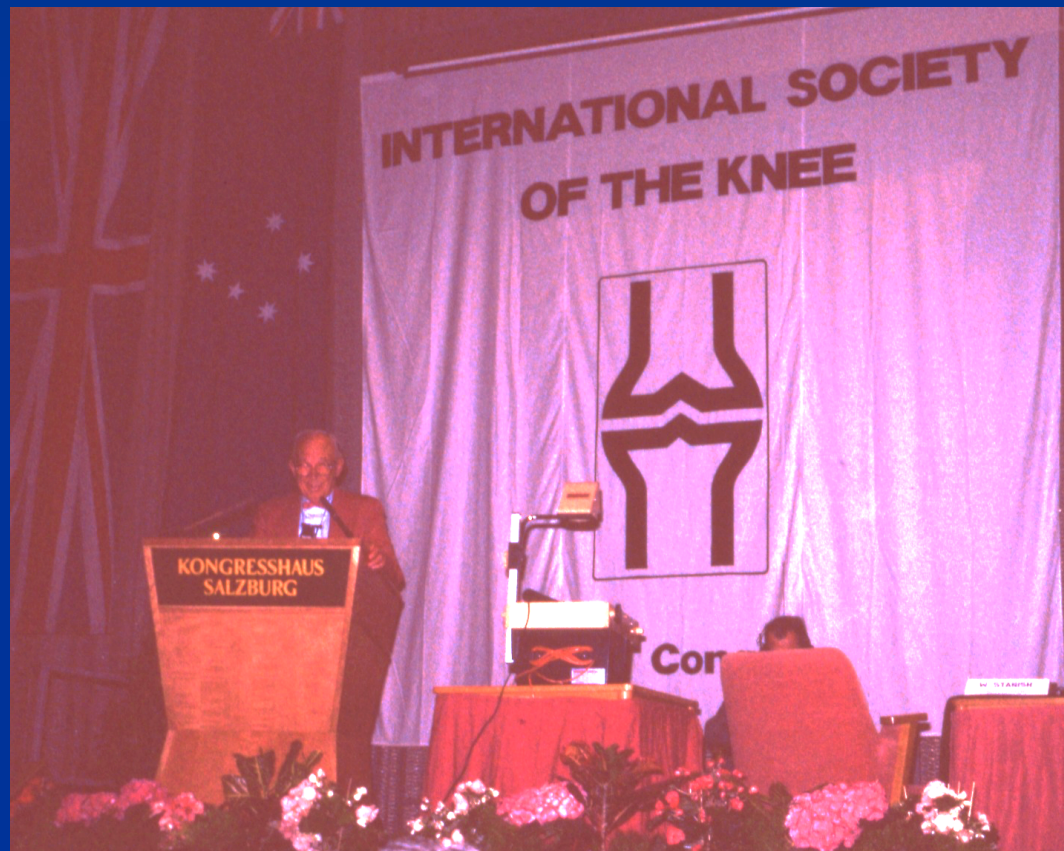






# Salzburg 1985

President named Richard M. Tooth













# Sidney 1987

## President named L. Perugia









**Roma 1989**  
**Presidents named**

**IAA David Dandy**  
**ISK Kenneth E. De Haven**











# Toronto 1991

## President named Jan Gillquist







**Copenhagen 1993**

**Presidents named**  
**IAA Harold Eikelar**  
**ISK Rene Marti**





The fourth and final combined Congress of IAA and ISK was held in Hong Kong in 1995. The President of the IAA was Harold Eikelaar and the President of the ISK was Rene Marti.

That year the IAA and the ISK were dissolved and thanks to David Dandy and Kenneth Dehaven, the International Society of Arthroscopy, Knee surgery and Orthopaedic Sports Medicine (ISAKOS) was founded.

Its first President was Peter Fowler.



**In conclusion,  
I want to pay a  
tribute to the  
founders of ISK  
Albert Trillat and  
Jack C. Hughston.**

