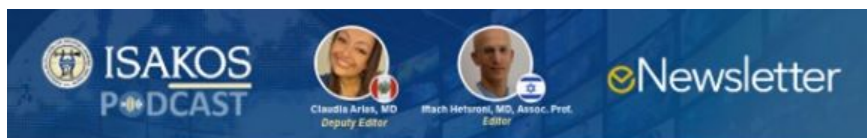


March 1, 2025



Welcome to the all-new digital ISAKOS eNewsletter!

This dynamic new platform brings you the latest updates in an interactive and accessible format. Enjoy new features like 5 slides in 1-minute (5-in1) videos, quick quizzes, debate podcasts and more. Explore, engage and stay informed!

Inside 2025 Vol. 1

ISAKOS President's Message

ISAKOS President, David Parker, reflects on a successful year of global education initiatives, highlighting the society's growing impact, the success of key meetings and the expansion of digital engagement. As ISAKOS celebrates its 30th anniversary, Parker expresses gratitude and looks ahead to the 2025 Congress, where he will pass leadership to Joao Espregueira-Mendes. [Read More](#)



ISAKOS eNewsletter Editor's Message

The ISAKOS Newsletter entered a new era with its first online-only edition, featuring innovative digital enhancements. This transformation aims to optimize content distribution, support ISAKOS's mission and enhance learning for members, especially young professionals. [Read More](#)



JISAKOS Editor in Chief's Message

Over the past 18 months, *Olufemi Ayeni* and his team have streamlined *JISAKOS's* editorial process, expanded reviewer diversity and launched the Excellence in Authorship Program. Additionally, the journal has strengthened its social media presence with new content strategies, enhancing research visibility and global engagement. [Read More](#)



ISAKOS Current Perspectives

The Evolving Landscape of Surgical Competency in the Age of Artificial Intelligence and Technology-Enhanced Learning

This article explores how AI-driven tools like personalized learning modules, simulations, and real-time analytics are revolutionizing surgical education and enhancing skill development.

[Read](#)



The Use of Ultrasound in Sports Traumatology

This article highlights ultrasound's growing role in sports medicine, emphasizing its benefits for real-time injury diagnosis, treatment and guided procedures. [Read](#)

Recent History of Osteotomies Around the Knee: From the Evolution of Planning to the Development of Personalized Approaches (and the Best is Yet to Come...)

This article showcases advancements in knee osteotomy, including 3D digital planning, patient-specific devices and AI integration to enhance surgical accuracy and outcomes. [Read](#)

Parenting in Orthopaedics — A Global Perspective

This article discusses the challenges of being both a parent and an orthopedic surgeon, focusing on fertility, work-life balance and the need for support and flexibility to prevent burnout. [Read](#)

Modern Hamstring Tendon Injury Management

This article covers hamstring tendon injuries, focusing on the importance of early MRI diagnosis and surgical treatment for high-grade cases, particularly in athletes, to improve recovery and reduce recurrence. [Read](#)

Management of Recurrent Anterior Shoulder Instability: A Therapeutic Algorithm Based on Bipolar Bone Loss

This article discusses how the glenoid track concept and bipolar bone loss impact the management of recurrent shoulder instability, guiding treatment decisions based on the extent of bone loss and other risk factors. [Read](#)

ISAKOS 2025 eNewsletter Vol. I — Quick Quiz

One question for each Current Perspective — Become the first to ace the quiz and earn a social media call out! The first ISAKOS Member to score 100% will be invited for a social media interview with the ISAKOS eNewsletter Editorial Team. [Take Quick Quiz](#)



ISAKOS Newsletter Archive

Partial-Thickness Supraspinatus Tears: Do We Know How to Treat Them?

Partial-thickness tears of the posterosuperior rotator cuff are frequent problems that present particular challenges to the shoulder surgeon. The underlying physiopathology of partial-thickness tears is variable. In older adults, a partial tear develops in the context of the wide spectrum of rotator cuff disease. First, intrinsic and extrinsic factors cause the day-to-day insult to the tendons. Unsatisfactory tendon healing then leads to tendinopathy,

followed by partial and full-thickness tears and, ultimately, rotator cuff arthropathy. [Read More](#)

ISAKOS in the News

ISAKOS Course Recap

2024 ISAKOS Knee Arthroplasty Forum: Highlights from Kyoto

Save the date for IKAF 2026 in October | Brussels, Belgium



2025 Congress Pre-Course Surgical Skills Workshops — *Limited Spots Available*

Three **Surgical Skills Workshops** will be offered on **Saturday, June 7** in Munich, Germany.

- Knee Sports at the Arthrex ArthroLab
- Shoulder Arthroscopy at the Arthrex ArthroLab
- Knee Arthroplasty at the S+N Academy Munich



*Congress Registration is required. If you have already registered, login to **myCongress** and choose **Update Registration**.*

ISAKOS Fellowships & Awards

View recent highlights and testimonials from the ISAKOS Young Investigator Scholarship & Research Mentoring Program and more!

Congratulations to **Per Renstrom, MD, PhD SWEDEN**, the 2025 recipient of the Freddie Fu Lifetime Achievement Award!



Congratulations to **Jon Karlsson, MD, PhD, Prof. SWEDEN**, the 2025 recipient of the Peter J. Fowler Career Clinical Educator Award!



Honored during the 2025 Congress General Session on Monday, June 9 from 8:30-9:30 in the Auditorium — Join us!

New! ISAKOS Video Book: *The Art and Science of Modern Osteotomy Around the Knee*

Check out the **first-ever ISAKOS vBook!** A dynamic, digital take on the classic textbook. ***Osteotomy Around the Knee*** features **27 expert-led video chapters**, each peer-reviewed and designed for easy navigation and ongoing updates as new knowledge emerges. Available to ISAKOS Members and Global Link subscribers. [Join](#) to gain access!



ISAKOS By the Numbers

ISAKOS research programs were established to inspire innovation among the Society's members and make a significant impact on scientific progress within orthopaedics.



[View ISAKOS's impact!](#)

Regional & Collaborative Meetings

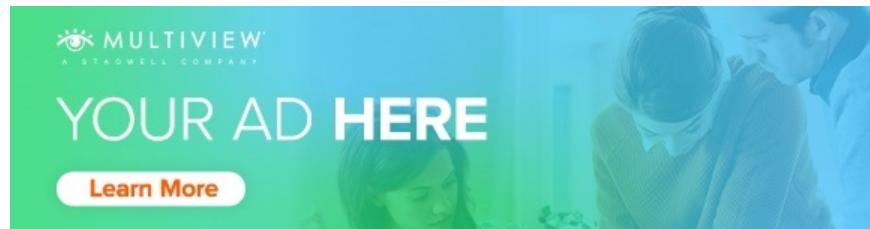
SLARD-ISAKOS 2025 Pre-Congress Cadaveric Course
March 26, 2025 | Santiago, CHILE

Join us for the ISAKOS-SLARD pre-congress course of the 3rd SLARD Latin American Conference! Spots are limited, register now!



[Register](#)

Advertisement



ISAKOS eNewsletter

International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports
Medicine

567 Sycamore Valley Road W., Danville, CA 94526
925-807-1197 | [Contact Us](#) | [Privacy Policy](#)
www.isakos.com/



Natalie Ochoa
Content Editor, Multiview
469-420-2609 | [Contact me](#)

[Unsubscribe](#) | [Learn how to add us to your safe sender list so our emails get to your inbox.](#)

[ADVERTISE](#) | [SUBSCRIBE](#) | [PAST ISSUES](#)

Published by