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Welcome to ISAKOS eNewsletter 2026 – Volume II!

We're excited to bring you the second issue of 2026, featuring the latest updates in a dynamic, interactive format. Explore key features like 5-in-1 slide videos, quick quizzes, new podcast episodes, and more – all thoughtfully designed to keep you informed, engaged and connected with the global ISAKOS community. [Access Here](#)

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Inside 2026 Vol. II

ISAKOS Incoming President's Message

ISAKOS President João Espregueira-Mendes highlights how diversity, inclusion, and global collaboration continue to strengthen ISAKOS, while celebrating the Society's growth, regional engagement, scientific achievements, and expanding opportunities for women and young professionals. [Read More](#)



ISAKOS eNewsletter Editor's Message

eNewsletter Editor-in-Chief Iftach Hetsroni previews this issue's featured content, including Current Perspective articles, AI innovations, podcasts, the Quick Quiz, highlights from the ISAKOS Regional Summit and a call for abstract submissions to the 2027 ISAKOS Congress. [Read More](#)



JISAKOS Editor in Chief's Message

JISAKOS Editor-in-Chief Olufemi R. Ayeni celebrates the journal's continued growth with an increased **Impact Factor of 3.7** and **CiteScore of 4.6**, highlights the global reach of the JISAKOS Excellence in Authorship Program, and invites members to contribute future editorials. [Read More](#)



ISAKOS Current Perspectives

Breaking Barriers, Building Excellence: Global Women in ISAKOS Sports Medicine

This article highlights the journeys of three pioneering women in ISAKOS sports medicine, exploring how resilience, mentorship, and global collaboration have helped them overcome barriers and inspire the next generation of orthopaedic leaders. [Read](#)

Lateral Cutaneous Nerve of the Forearm Entrapment in Weightlifters

This article examines lateral cutaneous nerve of the forearm entrapment as a rare cause of elbow and forearm pain in athletes, highlighting clinical diagnosis, treatment options and successful surgical decompression outcomes in competitive weightlifters. [Read More](#)

The Role of the Scapula in Shoulder Disorders: Anatomy, Biomechanics, and Clinical Implications

This article examines the scapula's critical role in shoulder function, highlighting how scapular biomechanics and dyskinesia influence common shoulder disorders, clinical assessment and rehabilitation strategies. [Read More](#)

From Tool to Teammate: The Rise of Agentic Artificial Intelligence in Orthopaedic Practice

This article explores how agentic artificial intelligence is transforming orthopaedic practice, highlighting its

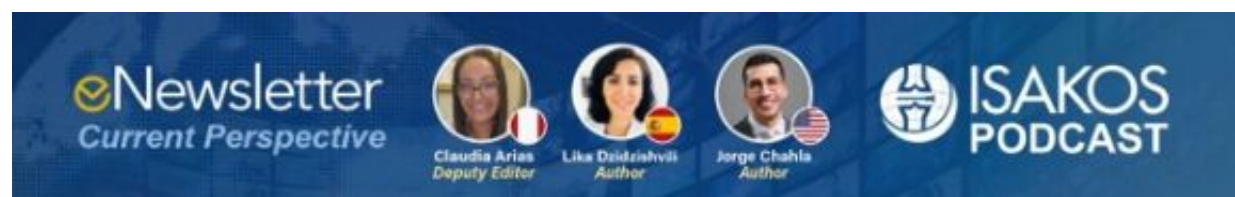
This article explores how agentic artificial intelligence is transforming orthopaedic practice, highlighting its emerging applications in surgical planning, intraoperative guidance, rehabilitation, education, and patient care, while emphasizing the importance of responsible implementation and human oversight. [Read More](#)

"Control Over Outcome": A Strategic Framework for Data Sovereignty in Orthopedics, Based on Knee Arthroplasty Experience

This article examines how data sovereignty and FAIR data principles can improve continuity of care in knee arthroplasty, highlighting a practical framework for secure data sharing, patient control, and AI-ready clinical data while reducing fragmentation and vendor lock-in. [Read More](#)

Meniscus Root Injuries: More Questions than Answers?

This article examines the current challenges in treating meniscus root injuries, highlighting evolving surgical strategies, the potential role of meniscal centralization and the key unanswered questions surrounding long-term joint preservation. [Read More](#)



ISAKOS 2026 eNewsletter Vol. II – Quick Quiz

The first ISAKOS member to answer all questions correctly will be invited for an exclusive interview with the ISAKOS eNewsletter Editorial Team and featured across ISAKOS social media platforms. Quiz questions are based on the current Perspective article: **Meniscus Root Injuries: More Questions than Answers**. [Take Quiz](#)

Listen to the **first ISAKOS Member Spotlight podcast** interview! Editor Iftach Hetsroni interviews the 2026 Vol. I Quick Quiz winner and ISAKOS member **Dr. Oyoo Were** from Kenya about his ISAKOS journey, the impact of the ISAKOS Traveling Fellowship, and how ISAKOS has supported his professional growth. [Listen](#)



ISAKOS eNewsletter Archive

Road to the Olympics: Three Female Orthopaedic Surgeons' Journeys

The Paris Olympics saw the participation of more female athletes than in any previous Olympic Games. It was the first Olympic games to achieve gender parity on the field of play, with 152 women's events, 157 men's events and 20 mixed-gender events. Along with coaches, athletic trainers, dieticians, and strength and conditioning personnel, these elite athletes are supported by team physicians, Olympic physicians, and local and personal physicians who take care of their primary care and orthopaedic needs. [Read More](#)

ISAKOS in the News

2026 ISAKOS Regional Summit - Mumbai,

India

Sachin Tapasvi, MBBS, MS, DNB, FRCS, INDIA & David A. Parker, MBBS, BMedSc, FRACS, AUSTRALIA

Read

From Informal Interactions to a Structured Mentorship Journey: Lessons Learned from the ISAKOS Mentorship Program

Seid Mohammed Yasin, MD. Msc, ETHIOPIA

Read



Help Shape the Future of Orthopaedic Sports Medicine

Every day, you help patients regain mobility and quality of life. By supporting ISAKOS, you extend that impact — funding research, expanding education and creating opportunities for surgeons worldwide.

Give a Gift to ISAKOS Today

Upcoming ISAKOS Events

ISAKOS Knee Arthroplasty Forum 2026

October 15-16, 2026
Brussels, Belgium



ISAKOS 2027 Congress: Abstract Submission Deadline: August 4!

May 30 - June 2, 2027
Sydney, Australia



Regional & Collaborative Courses



For general assistance, please email the ISAKOS Office at isakos@isakos.com or Ask ISA, ISAKOS's International Support Agent.

ISAKOS eNewsletter

International Society of Arthroscopy, Knee Surgery and
Orthopaedic Sports Medicine

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