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Welcome to ISAKOS eNewsletter 2026 — Volume III!

We're proud to wrap up the final issue of 2026, featuring the latest updates in a dynamic, interactive format. Explore key features like 5-in-1 slide videos, quick quizzes, and more — all thoughtfully designed to keep you informed, engaged and connected with the global ISAKOS community. Access Here

Inside 2026 Vol. III

ISAKOS President's Message



ISAKOS President João Espregueira-Mendes highlights the power of philanthropy in expanding educational opportunities, supporting surgeons worldwide and strengthening global partnerships. He emphasizes the impact of the ISAKOS Annual Fund, Godparent Program, and member and industry contributions in building a lasting legacy of giving. Read More

ISAKOS eNewsletter Editor's Message

ISAKOS eNewsletter Editor-in-Chief Iftach Hetsroni introduces the final issue of 2026, highlighting six Current Perspective articles, the FORUM Fellowship supporting women in orthopaedics, highlights from the 2026 ISAKOS Knee

Arthroplasty Forum, the 10th anniversary of JISAKOS, the Quick Quiz and more. Read More



JISAKOS Editor in Chief's Message



JISAKOS Editor-in-Chief Olufemi R. Ayeni celebrates the journal's 10-year anniversary, highlighting a decade of scientific excellence, a record Impact Factor of 3.7, CiteScore of 4.6, Q1 rankings, and expanded global access through Open Access publishing. He also recognizes the journal's dedicated reviewers, Excellence in Authorship Program and editorial leadership driving its continued success. Read More

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ISAKOS Current Perspectives



Beyond the P Value: From Statistical Metrics to Clinical Decision-Making

This article explores how statistical significance, patient-centered outcomes, and clinical relevance can guide treatment decisions beyond the p value in orthopaedic practice. Read

Unrestricted Kinematic Alignment TKA in Asian Knees: Restoring Native Alignment Without Crossing the Safety Line

This article explores unrestricted kinematic alignment in Asian patients undergoing total knee arthroplasty, highlighting encouraging outcomes and the importance of restoring native alignment while maintaining implant safety. Read

Medial Opening-Wedge High Tibial Osteotomy: To Fill or Not to Fill the Gap

This article examines the evidence that routine bone grafting is often unnecessary, emphasizing the importance of gap size, hinge stability, and patient-specific risk factors in guiding treatment decisions. Read

Acetabular Depth is Your Friend: Adequate Rim Resection in Femoroacetabular Impingement Surgery

Remains a Challenge

This article explores the evolving treatment of pincer-type femoroacetabular impingement, emphasizing conservative acetabular rim resection to preserve hip stability while effectively addressing impingement. Read

European Union Regulation on Substances of Human Origin (SoHO): What You Need to Know!

This article explores the new EU regulation governing orthobiologic therapies, highlighting its implications for patient safety, clinical innovation, regulatory compliance and orthopaedic practice. Read

The FORUM Fellowship: Learning, Leadership, and the Power of Women in Orthopaedics

This article highlights the experiences of two international FORUM Fellows, showcasing the impact of mentorship, professional connections, and female leadership in advancing women in orthopaedic sports medicine. Read

ISAKOS 2026 eNewsletter Vol. III — Quick Quiz

The first ISAKOS member to answer all questions correctly will be invited for an exclusive interview with the ISAKOS eNewsletter Editorial Team and featured across ISAKOS social media platforms. Quiz questions are based on the current Perspective article: ***Beyond the P Value: From Statistical Metrics to Clinical Decision-Making***. Take Quiz





ISAKOS eNewsletter Archive

MCL Management in Combined ACL-MCL Injuries: An Evolving Treatment Strategy

The anterior cruciate ligament is rarely injured in isolation. In most cases, damage occurs in combination with injury to other stabilizing structures of the knee. Over the past several decades, clinicians and researchers have increasingly recognized the importance of identifying and addressing concomitant injuries to structures such as the menisci, the posterolateral corner, and, more recently, the anterolateral complex, in an effort to reduce the rate of ACL graft failure and improve long-term outcomes. Read More

ISAKOS in the News

JISAKOS at Ten: A Journal, a Crew, and a Safe Anchorage for ISAKOS

Philippe Noel Neyret, MD, PhD, Prof., FRANCE, Jon Karlsson, MD, PhD, Prof., SWEDEN, Volker Musahl, MD, Prof., UNITED STATES, Olufemi R. Ayeni, MD, PhD, MSc, FRCSC, CANADA, & João Espregueira-Mendes, MD, PhD, Full Prof., PORTUGAL

Read

2026 ISAKOS Knee Arthroplasty Forum — Brussels, Belgium

Claudia Arias, MD, PERU

Read

From Idea to Impact: How an ISAKOS Research Grant Enabled High-Quality Orthobiologics Research in a Limited-Resource Setting



Theodorakys Marín Fermín, MD, VENEZUELA

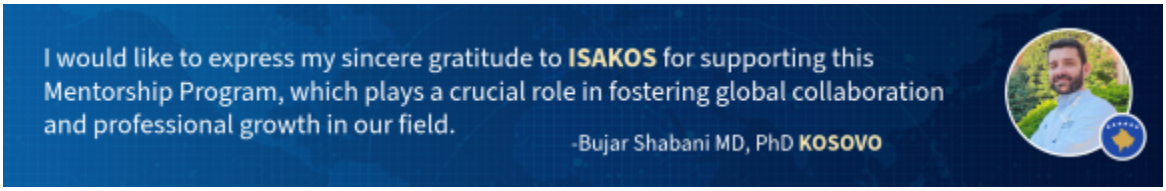
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From a Clinical Question to Clinical Research: The Impact of an ISAKOS Research Grant



Nicolas Valladares, MD, MEXICO

Read



Help Open Doors for the Next Generation of Surgeons

Your support helps open doors for the next generation of surgeons — expanding access to education, global collaboration, and career-changing opportunities. Together, we can shape the future of orthopaedic sports medicine.

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Upcoming ISAKOS Events

ISAKOS 2027 Congress: Registration Open!

May 30 - June 2, 2027
Sydney, Australia



Regional & Collaborative Courses

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